

INSTRUCTIONS FOR YOUR COMPETITION SPRAY TAN

Elite Bronzing specializes in Competition Tanning. We are Certified, Master level prepared Custom Airbrush Tanning Professionals and Consultants with Affiliates throughout the country. We have developed these specific skin prep instructions to ensure you receive a flawless tan and a stress free experience.

- WE DO NOT RECOMMEND tanning beds to obtain a base color. If you choose to do so, DO NOT BURN, as you will start to peel and I will not be able to fix that part. Our professional stage competition solution and application technique will get you stage ready. This eliminates added expense, time and stress on your part.
- Fair skinned competitors** will benefit from a base spray tan (Mystic Tan) the day before your appointment as this will help in overall color development and a shorter drying time. Remember to shower and do a gentle exfoliation the morning of your scheduled spray tan.
- Our rates for a **Total Competition Tan** is per competitor based on the event and location.
- Our **Total Competition Tan** includes full body coverage, as well as **minor** touch ups and oil thru pre judging. (we do not “count” the number of coats but rather make sure your color is stage appropriate for your class). Minor touch ups mean *less than* a 1/3 of body) If it is determined that you require more than a “minor touch up” you will be assessed an additional \$75.00, payable in cash only.
- You will be notified in advance of the location of where we will be spray tanning. Each event is different, which is why we request *complete* contact info in advance.
- In order to secure an appointment time, a **NON REFUNDABLE** deposit of \$50.00 is required. The remaining balance is payable in cash **only** at the time of your spray tan appointment. Correct change is greatly appreciated!
- In a drug tested event, if you fail your polygraph, there is no remuneration of any kind.
- Please note that Elite Bronzing respects the privacy and security of all female and male competitors. We will NEVER allow both men and women to be openly sprayed and dried together without the use of a privacy screen.

Skin Preparation Instructions

For maximum results, spend the week prior to your show exfoliating and moisturizing your body with LSR Citrus Sugar Scrub, EXFOLIATING gloves and LSR Citrus Body Butter **OR** make a home-made scrub mixture with baking soda, Suave Naturals body wash, EXFOLIATING gloves and follow with Palmers Cocoa Butter as your moisturizer. **DO NOT SUBSTITUTE WITH ANY OTHER PRODUCT!!**

ON the DAY OF your spray tan, GENTLY exfoliate ONLY. Do Not Moisturize or put any other products on your body. You may use a bar soap ONLY for your private area and underarms.

***Ladies- if you must wash and condition your hair, please gently exfoliate your back to remove any conditioner residue. This also applies to after shaving.**

Note: Those with mature or excessively dry skin may apply Liquid Sun Rayz Daily Moisturizer before being sprayed. This is the **ONLY** moisturizer we will guarantee a positive result.

1)It is suggested that you have shaved *at least 8 hours* before your spray tan, and all waxing completed at least 72 hours prior **if** you're accustomed to waxing. Otherwise, wax 7-10 days before your spray tan appointment.

2)Once your color is applied, You **CANNOT shave or shower, book a photo shoot, practice posing**

OR try on clothing while the product is developing.

3) **DO NOT** put on any make-up, deodorant, perfume/cologne **Before or After** your spray tan application. These products will raise the skin's pH and turn your arm pits and body green! Make-up can be applied the morning of your event. It is recommended that you take a damp face cloth and remove the sunless bronzer **BEFORE** applying your make-up.

4) Come to us with clean, dry skin wearing **OVER-SIZED soft polyester blend** long sleeve buttoned/snapped down top and **OVER-SIZED soft polyester blend** sweatpants. Do not wear any **RED or any colors in the red family!** (You CAN wear red the DAY OF your event- just not while the product is developing)

5) **AVOID all cotton and NYLON fabrics (holds in moisture) AND tops that you pull over your head, including Sun dresses! Do Not Wear Jeans or zippered tops!**

6) Men will be given a youth sock/baby bootie to cover their genitals.

7) The actual spray tanning session takes about 30 minutes for the application and another 50-75 minutes to complete the drying process. You will feel sticky because this solution has sugar rather than alcohol as its base ingredient (which is drying to your skin)

8) After your color has been applied, you will sleep in your long, loose, over-sized clothing until the morning. This will eliminate any inadvertent hand marks on your body during sleep. **DO NOT** sleep in the NUDE! **DO NOT SHOWER UNTIL AFTER your event!**

9) **DO NOT schedule a photo shoot the same day as your spray tan.**

In the morning, **all** competitors are to be dressed in their posing suits for any necessary touch ups, as well as BB's for their final coat applications.

*If, during your spray appointment, it has been determined that you have deviated from the above skin prep recommendations *without prior communication with me* and, you are asked to re-shower, you will be charged **an additional \$75.00 payable in cash only. There are NO EXCEPTIONS. This disruption causes a break down in the schedule, creates unnecessary added stress and additional product expense.**

***Client assumes all risks if they fail to comply with the above instructions.**

Competitors scheduled with Elite Bronzing assume ALL risk to any hotel property, not limited to soiling of linens. (Please be respectful and bring an extra set of sheets and towels)

To Purchase LSR products: <http://www.liquidsunrayz.com>

Any Questions Regarding Your Skin Prep Instructions, Please Contact Me:
(Mary Beth Schlichte) mb@elitebronzing.com

We adhere to the current FDA Guidelines

The FDA approved DHA for external application to your skin. For misting applications, the FDA recommends protective measures to prevent eye contact, inhalation or ingestion. To make sure you are completely protected, the FDA suggests wearing protective eye wear or keeping your eyes closed during your spray tan session, nose filters, lip balm and protective undergarments such as the Genital Cookie Cover, available at the time of your spray session for a nominal fee.