

**Elite Bronzing specializes in Sunless Airbrush Tanning. We are Certified, Custom Airbrush Tanning Professional and Consultants with Affiliates throughout the country. We have developed these specific skin prep instructions to ensure you receive a flawless tan and a stress free experience.**

- ⑩ **Mani/Pedi completed BEFORE spray tan appointment**
- ⑩ **Schedule appointment knowing you cannot exercise, sweat, shower or come in contact with water for at least 8-12 hours post spray tan session**
- ⑩ **All waxing is to be done at least 48 hours prior to minimize any irritation**
- ⑩ **In the event of rain, remember to bring an umbrella.**

No matter what your reason for getting a sunless spray tan, you inevitably want to keep your color as long as possible. In order for this to happen, it is going to take a concerted effort on your part both *prior* to and *following* your spray tan appointment.

**Day BEFORE your Spray Appointment:** It is crucial to properly exfoliate your skin to remove the dead skin cells and create a clean palate for the solution to adhere. Do a full body exfoliation with *nylon exfoliating gloves*, a *nylon mesh cloth* for your back, and our **AmberSun Body Scrub** (available for purchase in our Salon). Avoid Loofa/Loofah gloves, pads, and sponges. Avoid “scrubbing” your skin otherwise irritation will occur. **Do Not Use** any **bar soaps** or **over the counter scrubs**. Use of these bar soaps, and many over the counter scrub products contain oils that will interfere with the development of your spray tan. Bar soaps may be used for under arms and private areas *only*. **Shaving:** Please make sure you remember to exfoliate **after** you shave, otherwise this will result in little to no color development. **Hair conditioner:** If you use hair conditioner, remember to exfoliate your back **after** you rinse the conditioner out of your hair. Otherwise the conditioner leaves a film on your back, interfering with the sunless tanning process.

**Day Of your spray tan appointment:** Take a quick warm shower rinse. Use a plain facecloth to rub all over your body as a gentle exfoliant. Do not use any gels. If necessary, you may use a bar soap for your underarms and private areas **only**.

Go to your Airbrush appointment wearing **loose**, silky like fabrics and flip flops. An over sized zip-up or button down top is better than a top you pull over your head. Do not wear any deodorant, perfume, make-up, or any other body lotion on your skin. After your spray tan session, **wait 8-24 hours before showering, exercising, or sweating**. While the DHA is developing, avoid any activity that causes rubbing of the skin such as carrying a pocket book on your shoulder, having young children “grab onto your legs or arms” in their excitement to see you etc. Please consider avoiding the use of a bra until after the DHA is fully developed due to the potential chafing and rubbing of the straps.

Once the 8-24 hours have elapsed, your first shower is to **just rinse**. Gently pat dry, do not rub. After your first shower and daily thereafter, apply our **AmberSun Prolong Color Extending Moisturizer**. This lotion helps keep your tan health and skin moisturized while adding refreshing glow each day to your color. **AmberSun Prolong** is formulated to help your color fade gradually and evenly.

Subsequent showers: Use our **AmberSun Hydrating Shower Gel**. Avoid bar soaps post spray session as bar soaps can alter the skins pH balance and cause drying of the skin and uneven tan fading. Our body cleansers are designed to hydrate, moisturize, and nourish while maintaining the proper pH levels for your skin. Proper cleansing ensures even fading and the longest lasting, most natural looking

sunless results. Gently pat dry, do not rub. Apply **AmberSun Prolong Color Extending Moisturizer**.

Please keep in mind an individual's skin type, activity level and frequency of showering may require more or less maintenance. Remember, spray tans only last as long as it takes your skin to naturally exfoliate. Sunless products do not contain adequate sunscreen and do not protect against sunburn. We recommend Bull Frog and Blue Lizard sun block to protect your professionally applied sunless tan.



\$15.00

AmberSun Body Scrub

(Use day before session)



\$15.00

Hydrating Shower Gel

(Use daily after session)



\$24.00

Prolong Color Moisturizer

(Use daily after session)

Following these instructions will ensure a flawless sunless spray tan. All spray tans are guaranteed by Elite Bronzing UNLESS these instructions have been altered, skipped or modified by you. It is our goal to have a satisfied client for life.

**\*BE A FAN ON FACEBOOK\* WE WELCOME RECOMMENDATIONS ON OUR FACEBOOK FAN PAGE AS WELL!**